

# **SOCIAL SKILLS GROUP**

Child & Family Development now offers a variety of "Building Social Skills" programs! Your child can participate in small groups that match their age/ability level, led by an Educational Specialist, utilizing curriculum-based principles.

# **Topics include:**

- Interpretation/use of facial expressions and body language
- Initiating and maintaining conversations with peers
- Engaging with and asking others to play
- Winning and losing: How to be good at both!

Fun, interactive materials based on the Social Thinking® model will be utilized to improve participants' self-awareness, self-monitoring, self-regulation, and flexible social thinking skills. The program will include instruction, group activities, and play within a positive, supportive, kid-friendly environment.

Acquisition of skills can lead to improved social functioning and behavior at home, school, and in the community (e.g., increased social engagement, healthier relationships with others, and increased self-esteem and self-confidence).

# The groups are based on age/ability level. Participants should:

- Have social difficulties as a result of ASD, ADHD, or other social communication challenges
- Have average to above average receptive and expressive language skills
- · Be able to follow simple directions
- Be able to engage in activities in a safe manner

### Cost:

- These sessions are not billable to insurance and are non-refundable
- Self Pay: \$50 per session

## Location:

Offering onsite school social skills groups

Are these areas in which your child could use support? If so, reach out to Christy Moss, M. Ed.

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